

SpineZone is a comprehensive, non-surgical back and neck pain treatment program for effectively relieving pain, improving patient satisfaction, and eliminating unnecessary imaging, medication, injections, and surgery

Referral for The SpineZone Program

PATIENT NAME

INSURANCE

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PATIENT DATE OF BIRTH

MEMBER ID

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PATIENT PHONE

DIAGNOSIS (DX)

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REFERRING PROVIDER

PROVIDER PHONE

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This referral is for the patient to receive preventative and rehabilitative care from SpineZone's integrated team of Orthopedists, PTs, and PAs for the treatment of the above diagnosis. The following services are provided as part of SpineZone's back and neck care.

- ✓ Objective, quantitative measurements of strength gains and pain relief, actively reported to you and the patient
- ✓ Postural Assessment and re-Assessment
- ✓ Personalized Stretching Program and Home Exercise Program, including ongoing modifications
- ✓ Up to twenty (20) back and/or neck rehabilitation strengthening sessions, usually twice a week
- ✓ Patient Education about back and neck care, with review of radiologic findings as needed
- ✓ Screening for and addressing the anxiety, depression, and catastrophizing associated with back and neck conditions

TREATMENT NOTES

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ORDERING MD

DATE

X

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